

## Candidature for a Position as World Archery official

- Completed forms sent to World Archery by 15 July 2017 (postmark) will be sent in full with the Official Congress papers and will also be made public on the internet, except items 5 & 6. After 15 July 2017, completed forms are receivable until 22 September 2017, but they won't be publicly disclosed by World Archery.

- It is reminded: a person can not be candidate for more than 2 positions.

\* \* \* \* \*

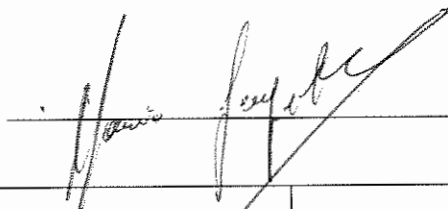
This candidature is presented by the Member Association from:

ITALY

Date : 22 June 2017

Member Association Stamp :

Signature of President or Secretary General :




President: MARIO SCARZELLA

<b>1. Position</b>	MEDICAL AND SPORT SCIENCES COMMITTEE
<b>2. Last Name &amp; First name</b>	SCARZELLA FIAMMETTA
<b>3. Date &amp; Place of Birth</b>	10th April, 1981 – Turin ITALY
<b>4. Member Association of which the candidate is Member (*)</b>	FITARCO ITALIA

(\*) This Member Association must fill out the statement # 16 on page 6 of this document

## Candidature for a Position as World Archery official

Position	MEDICAL AND SPORT SCIENCES COMMITTEE
Last Name & First name	SCARZELLA FIAMMETTA
<b>7. Professional Activities</b>	<p>Doctor of medicine specialized in sport medicine            International Doping Control Officer            Trainer for National Sport School and for FMSI (Italian sport medicine association)</p>
<b>8. Function in Member Association</b>	<p>Member of the Fitarco Medical committee            Coach            Athlete</p>
<b>9. Function in another sports Organisation</b>	<p>Member of the Italian sport medicine association FMSI</p>
<b>10. International Sports experience or background as an official</b>	<p>Doping Control officer at Rio 2016 Olympic games            Medical officer during Turin EMAU Indoor European championship 2008            Medical officer at Turin 2011 World Archery world championship</p>

## Candidature for a Position as World Archery official

Position	MEDICAL AND SPORT SCIENCE COMMITTEE			
Last Name & First name	SCARZELLA FIAMMETTA			
<b>11.</b> World Archery Official working language*		Spoken	Written	CEFR*
	English	<b>A</b>	<b>A</b>	<b>B2</b>
	F=Fluent      A=average      B= Beginner			
<b>12.</b> Other languages		Spoken	Written	CEFR*
	French			
	Spanish			
	Russian			
	Other (specify) ITALIAN	F	F	C2 (MOTHER TONGUE)
<b>13.</b> Are you or have you been competing in Archery ?	Yes  For how many years? 28	Which type of bow? RECURVE BOW COMPOUND BOW BAREBOW	Which discipline ? Indoor Outdoor Field/3D	
<b>14.</b> If you are successful in this position, please describe the ideas, projects and activities you plan to implement for World Archery	<p>I wish to bring to the WA Medical and Sport sciences committee my personal contribution on education and clinical research topics, functional evaluation and athlete performance analysis, prevention and fight against doping.</p> <ol style="list-style-type: none"> <li>1) From a clinical point of view, my interest is mainly focused on the aspects of body composition for the prevention and correction of overweight. As it is well known, proper nutrition, linked to proper lifestyles, is a fundamental principle of health and prevention of major cardiometabolic and chronic diseases. In particular, the sports population should gain a greater performance benefit from the proper body weight and balanced nutrition, although these concepts are not always well known to athletes. Especially when it is addressed to young people, I think it is particularly important to disseminate information about nutrition principles. Proper hydration is equally important for general health and performance, especially in relation to outdoor competitions and their long duration.</li> <li>2) Within the clinical setting, I consider both the psychological aspects of intrinsic and extrinsic motivation and concentration (and the relative elements of internal and external disturbances) to be another fundamental and stimulating</li> </ol>			

## Candidature for a Position as World Archery official

14. (Continued, if necessary)

aspect closely related to performance. I would like to analyze the perception of athletes in relation to these aspects over time in correlation with performance variations.

- 3) The analysis and the identification of the factors related to the performance is a constantly evolving field, and it is of particular medical and sport interest in order to identify the talents, and to perform laboratory evaluation of useful parameters for the planning of the training. Archery, with its peculiarities of precision sports, is particularly difficult to break down into measurable functional aspects. In my sports physician experience engaged in functional evaluations of high-level athletes of many sports disciplines, I have developed particular interest in the postural field, which I have investigated in two studies performed on high level archers of the Italian national Recurve bow team. One of the two studies was aimed at comparing a group of national athletes with a group of middle-level athletes for the purpose of identifying distinctive elements linked to the better performances of the first group. It would be interesting to continue this study by expanding it to a greater number of subjects, while differentiating them among years of sports practice, in order to discriminate the component of years of workout and sports practice compared to better performance linked to intrinsic physical characteristics. Another field of stimulating investigation closely related to postural aspects could be that of correlation with visual acuity or any deficiency and / or means of correcting it.
- 4) Through my six-year working as DCO with international experience in a number of sports disciplines, I have to highlight the general lack of information about the problem of doping between athletes, especially in the youth and "minor" sports. Together with scientific research in the field of drug performance, I believe it is particularly important the widespread dissemination of information about the doping phenomenon and therapeutic exemption procedures to athletes, technicians and executives from whom one can expect a relapse even on non-international athletes. In this regard I think it would be advisable to study an information program that can be brought in contact with athletes and staff on the field through the direct involvement of physicians or other trained staff.

(\* ) Concerning language evaluation please refer to the note at the end of this form, to give a more precise evaluation following the "Common European Framework of Reference for Languages" (CEFR)

**Candidature for a Position as World Archery official**

**15. Statement by the candidate:**

If elected I am willing to accept the office I am elected to :

Position / Siège : ...Medical and Sport sciences committee.....

Last Name & First Name : .....Scarzella Fiammetta.....

Candidate's signature.

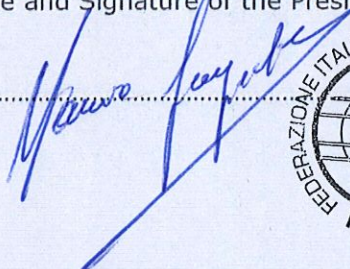



**16. Statement by the candidate's Member Association**

I confirm that the candidate is member of our Member Association.

Name Member Association of the candidate:

Name and Signature of the President or Secretary General :

.....  
  


Date and Stamp :

.....  
Rome, 22 June 2014  
.....