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|----------------------|---|---------------|-----|-----|-----|-----|------|------|------|------|------|------|------|------|--|
| Sport | Discipline | Comp. Days | 8.6 | 8.7 | 8.8 | 8.9 | 8.10 | 8.11 | 8.12 | 8.13 | 8.14 | 8.15 | 8.16 | 8.17 | Venue |
| Air Sports | Drone Sports | 3 | | | | | | | | | | | | | Dong'an Lake Sports Park |
| American Football | Flag Football | 4 | | | | | | | | | | | | | Athletics Field Chengdu No.7 High School |
| American Football | Field | 6 | | | | | | | | | | | | | Eastern Campus Athletics Field |
| Archery | | 2 | | | | | | | | | | | | | Qinglong Lake Park |
| Baseball-Softball | Target Softball | 10 | | | | | | | | | | | | | Sichuan Baseball-Softball- |
| Daseball Softball | Carom | 5 | | | | | | | | | | | | | Hockey Centre |
| Billiards Sports | Pool | 5 | | | | | | | | | | | | | Tianfu International Hotel Complex Tianfu Hall |
| | Snooker | 5 | | | | | | | | | | | | | |
| | Lyonnaise | 3 | | | | | | | | | | | | | |
| Boules Sports | Pétanque | 3 | | | | | | | | | | | | | Chengdu Sport University Sancha Lake Campus Boules Sports Court |
| | Dragon Boat | 2 | | | | | | | | | | | | | |
| Canoe | Marathon | 2 | | | | | | | | | | | | | Xinglong Lake Hubin Arena |
| | Polo | 4 | | | | | | | | | | | | | Jianyang Cultural and |
| Cheerleading | Pom | 2 | | | | | | | | | | | | | Sports Centre Natatorium Dong'an Lake Sports Park |
| 5 | Breaking | 2 | | | | | | | | | | | | | Multi-Function Gymnasium |
| DanceSport | Latin | 1 | | | | | | | | | | | | | Chengbei Gymnasium |
| | Standard | 1 | | | | | | | | | | | | | 5 |
| Fistball | Outdoor | 5 | | | | | | | | | | | | | Tianfu Park |
| Floorball | Indoor | 8 | | | | | | | | | | | | | Xindu Xiangcheng Sports Centre |
| | Disc Golf | 3 | | | | | | | | - | | | | | Guixi Park |
| Flying Disc | Ultimate | 5 | | | | | | | | | | | | | Chengdu Sport University Sanch |
| | Acrobatics | 3 | | | | | | | | | | | | | Lake Campus Athletics Field |
| Gymnastics | Aerobics | 2 | | | | | | | | | | | | | Dong'an Lake Sports Park Multi-Function Gymnasium |
| | Parkour | 2 | | | | | | | | | | | | | Xinglong Lake Hubin Arena |
| | Trampoline | 3 | | | | | | | | | | | | | Dong'an Lake Sports Park Multi-Function Gymnasium |
| Handball | Beach | 5 | | | | | | | | | | | | | Xinglong Lake Beach Arena |
| | Duo | 2 | | | | - | | | - | | | | | | |
| | Duo for athletes with impairment | 1 | | | | | - | - | | | | | | | |
| Ju-Jitsu | Fighting | 2 | | | | | | | | | | | | | Jianyang Cultural and Sports Centre Gymnasium |
| | Jiu-Jitsu (Ne-Waza) | 3 | | | | | | | | | | | | | |
| Karate | Kata | 1 | | | | | | | | | | | | | |
| | Kumite | 2 | | | | | | | | | | | | | Jianyang Cultural and Sports Centre Gymnasium |
| | K1 Style | 3 | | | | | | | | | | | | | |
| Kickboxing | Point Fighting | 3 | | | | | | | | | | | | | Sichuan Gymnasium |
| | Beach | 3 | | | | | | | | | | | | | Xinglong Lake Beach Arena |
| Korfball | Indoor | 5 | | | | | | | | | | | | | Longquan High School Gymnasiur |
| Lacrosse | Sixes Lacrosse | 5 | | | | | | | | | | | | | Chengdu No.7 High School Eastern Campus Athletics Field |
| Life Saving | Pool | 2 | | | | | | | | | | | | | Chengdu Sport University Sancha Lake Campus Natatorium |
| Muaythai | Muay | 3 | | | | | | | | | | | | | Sichuan Gymnasium |
| Orienteering | Foot Orienteering | 3 | | | | | | | | | | | | | Eastern New Area Orienteering Venue Eastern New Area Orienteering Venue |
| Powerboating | MotoSurf | 3 | | | | | | | | | | | | | Sancha Lake Ma'anshan Arena |
| Powerlifting | Classic | 2 | | | | | | | | | | | | | Hi-Tech Zone Sports |
| | Equipped | 2 | | | | | | | | | | | | | Centre Gymnasium |
| Racquetball | Racquetball | 5 | | | | | | | | | | | | | Hi-Tech Zone Sports Centre Public Fitness Gymnasium |
| Roller Sports | Freestyle - Inline | 2 | | | | | | | | | | | | | |
| | Inline Hockey | 5 | | | | | | | | | | | | | Chengdu Roller Sports Centre |
| | Speed Skating | 4 | | | | | | | | | | | | | |
| Sambo | Combat | 2 | | | | | | | | | | | | | Jianyang Cultural and Sports Centre Gymnasium |
| Sport Climbing | Speed | 3 | | | | | | | | | | | | | Tianfu Park |
| Squash | Squash | 5 | | | | | | | | | | | | | Hi-Tech Zone Sports Centre Public Fitness Gymnasium |
| Triathlon | Duathlon | 3 | | | | | | | | | | | | | Xinglong Lake Hubin Arena |
| Tug of War | Outdoor | 3 | | | | | | | | | | | | | Dong'an Lake Sports Park Central Square |
| Underwater Sports | Finswimming | 2 | | | | | | | | | | | | | |
| | Freediving | 2 | | | | | | | | | | | | | Chengdu Sport University Sancha Lake Campus Natatoriun |
| | Freediving for athletes with impairment | 2 | | | | | | | | | | | | | |
| Waterski & Wakeboard | Cable Wakeboard | 3 | | | | | | | | | | | | | Sancha Lake Taohuadao Arena |
| | Wake Surf | 3 | | | | | | | | | | | | | Sancha Lake Ma'anshan Arena |
| | Wakeboard | 3 | | | | | | | | | | | | | |
| Wheelchair Rugby | Low Point | 4 | | | | | | | | | | | | | Chengdu Sport University Sancha Lake Campus Ball Games Gymnasiun |
| | Sanda | 3 | | | | | | | | | | | | | Hi-Tech Zone Sports |

