



World Archery Coaching



What does WA in Coaching?

Mainly assists non-elite Nations

Encourages the WA Member Associations (MA) **to create** their own **National Coaching Certification Program (NCCP)**

Use of the OS Development of the National Sport Structure

Produces education materials for the MA to create their own NCCP:

Manuals, video, Guides (Equipment making, Observation...
E-learning, PPT presentations...



**Train & certify Level 1
Coaches & Coach Trainers**



Educates Coaches for/from MA that do not have NCCP, through:

- OS or self-funded Technical Courses for Coaches
- Scholarships from OS, FIDTA, ...

Assists in the **professionalization** of coaches

Strives to assist all the MA's to benefit from the **quality "competition"** among the **various NCCP.**

Coaching concepts?



WA concept

Help the archers
in their personal development

Through: **observation/analysis,**
feedback, plan and individualization

Other possible concepts

Educate the archers to implement
the “selected school”

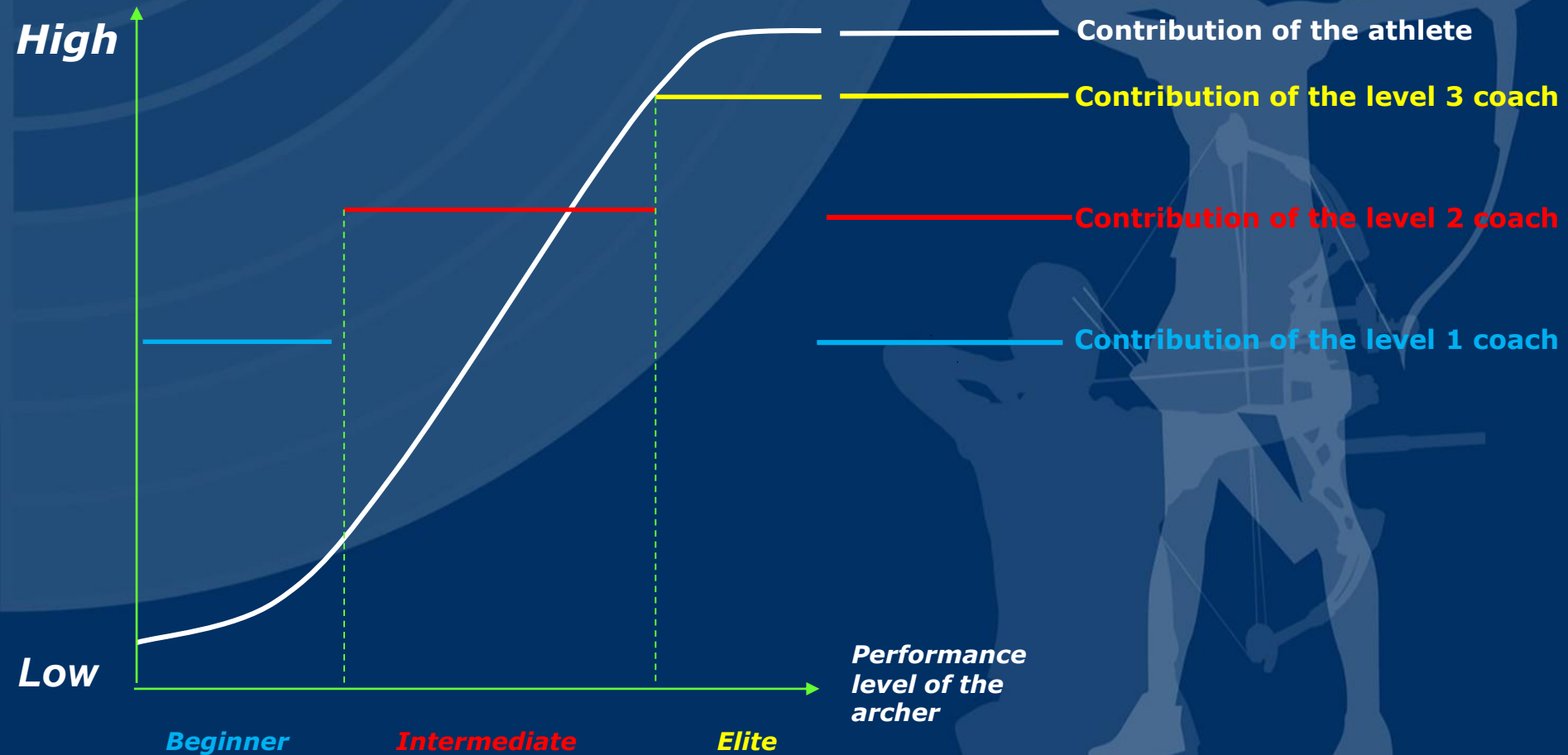
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Concept

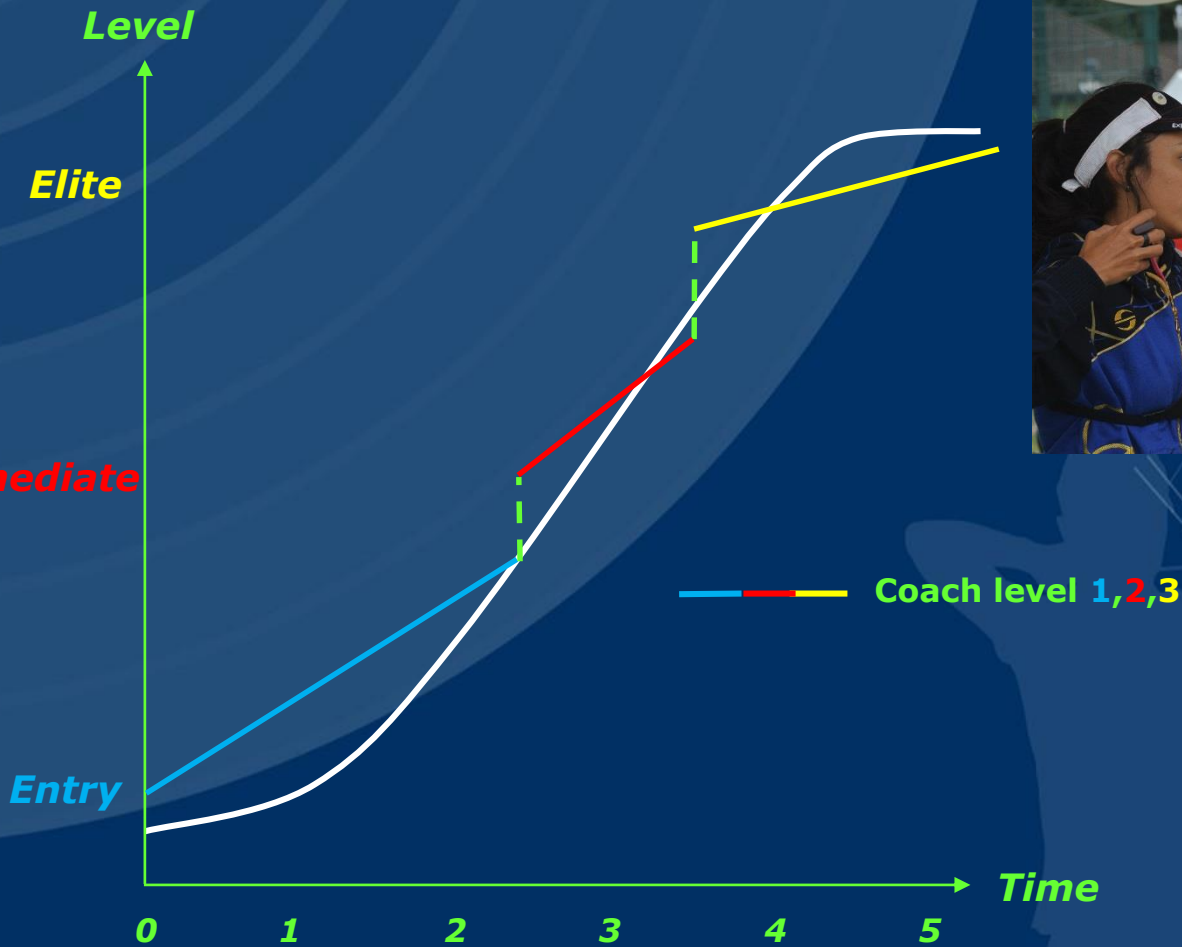
Help the archers in their own development

Need coordination and cooperation from all coaches



What is coaching?

To get progressing athletes, we need progressing coaches



Concept

Expected Athlete's path

Achieved Coach's path

Elite

Novice



Role of the Coach

**To get progressing athletes,
we need progressing coaches**

- **Initial training**
- **Continuing education**
- **Experience(s)**
- **Auto evaluation**



It takes time (+/- 7 years) and efforts to become a good archer
It takes time (probably 10 years) and efforts to become a good coach

How many levels in coaching should WA develop?

Coaches Role = **help in the development of the archer.**



Identify the **steps** in the **development** of the **archer.**



Identify the **needs** of the **archer** in each step.



Develop a **coaching level** for each step including specific knowledge.

3 levels of Coaches – WA certification for Level only

Based on (most of) archer's path / future

3. Performance search



2. Specialization



In equipment

In discipline



1. Discovery of the basics



Level 1 Coach – with World Archery certification

Goal:

Provide to the novice *the **common basics** of archery*, allowing to easily practice any type of archery in the future (any type of bow, any discipline)

Public and Environment:

- ✓to any novice: the young, teenagers, adults, elders, disabled, ...
- ✓to an individual novice as well as to a group of novices
- ✓at school, in an archery club, community/resort/rehab centre, ...

2-step certification:

- Online knowledge training with evaluations. Access code from MA valid 1 year
- Practical training with evaluation (6 days)

WA Educational supports:

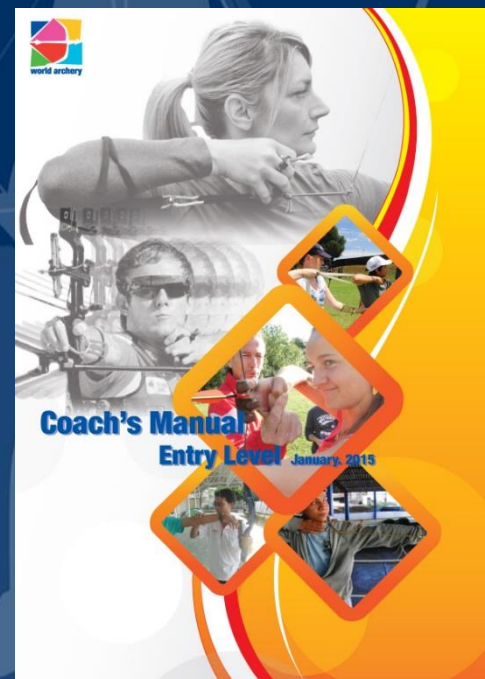
- Contents of the online training, Manual, PPT presentations, Video, Guides

Pre-training requirements:

- ✓Registered by MA
- ✓Minimum 2 years of regular practice
- ✓2 official tournaments
- ✓Old enough in his/her country to coach in our sport

And between the registration and the Practical course:

- Complete « CoachTrue »
- Pre-course reading



Level 1 Coach – Equivalence and recertification

Equivalence / Exemption:

Applicants must provide to the World Archery office (electronic format will do):

- a written request
- a certificate of attendance to a level 1 archery coaching course that has been conducted according to the "FITA Coaches Manual Entry Level from November 2003", or its updated version "World Archery Coach's Manual Entry Level from January 2015".
- a letter from their respective National Archery Federation, supporting this application and confirming that the applicant is an active archery coach.
- certificate of successful completion of the WA level 1 online pre-course
- « *CoachTrue* » certificate

To be exempted from the practical training and certified by World Archery as Level 1 Coach for 4 years.

Recertification:

- a written request
- a letter from their respective National Archery Federation, supporting this application and confirming that the applicant is an active level 1 archery coach.
- certificate of successful completion of the WA level 1 online pre-course
With experience the above criteria could change

Level 2 Coach

Goal:

To increment the capabilities of the archer in 1 division and some disciplines.

Public and Environment:

Many recreational archers and some elite oriented competitors

WA Educational supports:

- Manual including many modules: 4 equipment – 4 disciplines – Para Archery – 2 Generic Human Developments – Ethical – Basic Training plan
- Presentations for Coach Trainer

Duration pending selection of modules

Pre-training requirements:

- ✓ Registered by MA
- ✓ Minimum 1 year of Level 1 coaching
- ✓ Certificate of success to WA online level 1 training
- ✓ Complete « CoachTrue – Elite »
- ✓ Pre-course reading



Level 3 Coach

Goal:

- To train and develop specific skills of the archer over a determined period of time to reach a high competitive level in one division and one (or 2) discipline(s)
- To structure and manage high performance

Public and Environment: Dedicated elite oriented competitors

WA Educational supports:

- Guide to establish a plan
- Training plan samples
- 1 year of weekly training tips
- Presentations for Coach Trainer

Duration 5 days without evaluation

Pre-training requirements:

- ✓ Registered by MA
- ✓ Minimum 1 year of Level 2 coaching
- ✓ Pre-course reading



Coach Trainers – WA certification for Level 1 & 2

They are the tutors who train the coaches Level 1 & 2:

- Be experienced coach of a higher level, registered by MA
- 10 day course (L1) – 7 day course (L2)
- Must conduct a course within one year
- 4 evaluations over one year
- WA certification valid 4 years
- Recertification: similar as certification without course + have conducted in 4 years :
 - * 2 level 1 coaching courses for CT1
 - * 1 level 1 coaching course for CT2



Coaching Speciality



Technical Coach
Equipment Coach
Physical Coach



Mental Coach

Competition Coach

Team Leader



What is a good coach?

Makes the archers progressing.

Is a certified coach a good coach?

Certification = recognised potential to become a good coach
But still a lot to do: learning & development of know-how's.

What do we need to get progressing archers?

We need progressing coaches; hence continuing education is fundamental

***"BEING A GOOD COACH IS NOT ENOUGH
TO MAKE A STRONG ARCHERY NATION"***

Archery Association Objectives:

Have archers who progress at bigger geographical levels.

Criteria:

- Efficient Coaching Assistance
- Access to a high level of training services
- Dynamic network of competitions
- Good administration

Efficient coaching environment

*"Competition is no longer
between talented archers & coaches.*

It is about level of professionalization "

**The coach must contribute to optimize
all components of high Performance:**



A growing challenge in coaching education

For any Archery Coaching
information, contact:



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