

RUNA **GRYDELAND**

NORWAY

AGE: **32**

HIGHEST WR: **20** (CW 16 August 2015)

BIOGRAPHY

CITY OF RESIDENCE: **7180 ROAN, NORWAY**
CITY OF BIRTH: **-**

STARTED ARCHERY: **-**
INTERNATIONAL DEBUT: **2009**

CLUB: **-**
COACH: **-**

HOBBIES: **-**

ARCHERY STATS

RIGHTHANDED

ARROW LENGTH:

DRAW WEIGHT:

MEDALS - OUTDOOR ARCHERY

WORLD ARCHERY CHAMPIONSHIPS: (CAPS: 7)

WORLD CUP STAGE: (CAPS: 10)

UNIVERSIADES: (CAPS: 1)

EUROPEAN OUTDOOR CHAMPIONSHIPS: (CAPS: 1)

EUROPEAN GRAND PRIX CIRCUIT: (CAPS: 3) **1 GOLD** (INDIVIDUAL - 2017)

MEDALS - INDOOR ARCHERY

WORLD ARCHERY INDOOR CHAMPIONSHIPS: (CAPS: 2) **1 GOLD** (INDIVIDUAL - 2012)

INDOOR WORLD CUP FINAL: (CAPS: 1)

INDOOR WORLD CUP STAGE: (CAPS: 2)

EUROPEAN INDOOR CHAMPIONSHIPS: (CAPS: 1)

MEDALS - FIELD ARCHERY

WORLD ARCHERY FIELD CHAMPIONSHIPS: (CAPS: 2) **1 SILVER** (INDIVIDUAL - 2014), **1 BRONZE** (INDIVIDUAL - 2012)