

# HELENA **OSTERLUND**

SWEDEN

AGE: **59**

## BIOGRAPHY

CITY OF RESIDENCE: **-**
CITY OF BIRTH: **-**
STARTED ARCHERY: **-**
INTERNATIONAL DEBUT: **-**
CLUB: **-**
COACH: **-**
HOBBIES: **-**

## ARCHERY STATS

ARROW LENGTH:

DRAW WEIGHT:

## MEDALS - INDOOR ARCHERY

INDOOR WORLD SERIES: (CAPS: 4)

## MEDALS - 3D ARCHERY

WORLD ARCHERY 3D CHAMPIONSHIPS: (CAPS: 2) **1 SILVER** (MIXED TEAM - 2026), **1 BRONZE** (MIXED TEAM - 2024)

EUROPEAN 3D CHAMPIONSHIPS: (CAPS: 2) **1 BRONZE** (MIXED TEAM - 2025)