



## KAREN VAN NEST

 CANADA

AGE: 59

WORLD RANKING: **19** (CWO) - **196** (CW)  
HIGHEST WR: **6** (CWO 30 October 2013) - **73** (CW 26 June 2017)



**9.5**

AVERAGE ARROW  
(TWO YEAR PERIOD)



**15/31** (48%)

MATCH WINS



**0/2** (0%)

TIEBREAK WINS

**686**

SEASON BEST

**686**

CAREER BEST

QUALIFICATION

data taken from outdoor archery competitions at 50 metres

### BIOGRAPHY

CITY OF RESIDENCE: **SOUTH BRUCE PENINSULA, CANADA**

CITY OF BIRTH: **NORTH BAY, CANADA**

STARTED ARCHERY: **2009**

INTERNATIONAL DEBUT: **2009**

CLUB: -

COACH: **PHIL HENDERSON, (CANADA)**

HOBBIES: -

### ARCHERY STATS

LEFTHANDED

ARROW LENGTH:

**25"/63.5 CM**

DRAW WEIGHT:

**46LBS/20.9 KG**

### MEDALS - OUTDOOR ARCHERY

PARALYMPIC GAMES: (CAPS: 3)

WORLD ARCHERY PARA CHAMPIONSHIPS: (CAPS: 6)

WORLD CUP STAGE: (CAPS: 2)

PARA PAN AMERICAN GAMES: (CAPS: 1) **1 SILVER** (INDIVIDUAL - 2015)

PAN AMERICAN OUTDOOR CHAMPIONSHIPS: (CAPS: 4) **2 GOLD** (INDIVIDUAL - 2016, 2016), **2 SILVER** (INDIVIDUAL - 2021; TEAM - 2018), **3 BRONZE** (INDIVIDUAL - 2018, 2014; TEAM - 2016)